

**Community-led monitoring:** 

Types of violence against women living with HIV in Moldova





"When the partner found out about the status, he became more aggressive".

Woman living with HIV. Chişinău

"He didn't want to give a divorce, he blamed me for infecting him and even wrote a statement to the police about the infection, although he himself is HIV-negative".

Woman living with HIV.
Tiraspol

"The NGO offered to redirect me to a crisis centre, live apart from my husband and work with specialists there, but I'm not ready to leave my husband and tear my children away from home".

Woman living with HIV.

Parcani

"My husband broke my nose, but I didn't tell the hospital, I said that I fell myself. If he had been arrested, my children and I would have been left without a livelihood. They helped me and I went straight home".

Woman living with HIV. Tiraspol

"When my husband drinks, he becomes aggressive, starts blaming me for allegedly cheating on him and sometimes forces me to have sex against my will".

Woman living with HIV.

Bender

"After beating me, my partner may "put up" like this, saying that he loves him, but as in cases of beatings, he believes that I will not go anywhere now and will not leave him because of HIV, and threatens to tell everyone about the diagnosis if I leave him".

Woman living with HIV. Grigoriopol

"When he uses, I am afraid of him and cannot cope with him. I agree to intimacy though I do not feel like it".

Woman living with HIV.
Orhei

"Due to the fact that I am HIV+ and my husband is not, he believes that he accomplished a feat by marrying me. He thinks that I am his thing and only he needs me".

Woman living with HIV.

Tiraspol

"The guy knows that I worked abroad as an escort, threatens to tell my family and friends, and about HIV too".

Woman living with HIV.
Dubăsari

"He beat me out of jealousy; the diagnosis was delivered during pregnancy, but he turned out to be HIV-negative. He thinks that I cheated on him. When he drinks, he starts to reproach me".

Woman living with HIV.

Dnestrovsc

"We need HIV decriminalisation. Training doctors and police officers in basic knowledge about HIV, tolerance towards people with HIV and non-discrimination".

Woman living with HIV.
Chişinău

"The police said that as long as we are husband and wife, they will not do anything. That we will make peace tomorrow, and they will work in vain".

Woman living with HIV.

Tiraspol

#### Organisers of the research

<u>Eurasian Women's Network on AIDS</u> (EWNA) is a network of women leaders and activists who advocate for the rights of women living with HIV and women vulnerable to HIV in the EECA region. These rights are related to access to health care services, including reproductive health, the elimination of violence against women and the right to be involved in political and public debate on which they depend on for their lives and health. EWNA was established in 2013 and officially got registered on 5 May 2015 in Georgia.

#### **Research Team**

Lead Researcher: Svitlana Moroz

Interviewers of the research: Irina Goreaceaia, Natalia Palamari

Programmatic and administrative support: Lyubov Vorontsova, Nataliia Gerasymchuk

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# INTRODUCTION

In 2018, EWNA conducted community-led <u>study</u> on violence against women living with HIV in Eastern Europe and Central Asia. The study included 464 HIV-positive women with prior experience of violence and 120 women specialists from 12 EECA countries, including Kazakhstan. 52% of study participants experienced violence after being diagnosed with HIV. 71% of women who had experienced physical violence did not seek assistance. The main reasons for not seeking assistance were fear of publicity, public condemnation and lack of trust that assistance would be provided. In 2019, such monitoring was carried out in Ukraine under the leadership of the national network of women living with HIV, the Charitable Organisation "Positive Women".

Women have been disproportionately affected by the impact of COVID-19, as well as the steps taken to prevent its spread. COVID-19 has highlighted and exacerbated existing inequalities and vulnerabilities that impact the health and lives of women and girls every day, including their economic stability, food and nutrition security, overall health and safety (including safety in the face of violence), self-determination and the ability to exercise one's sexual and reproductive rights and health.

In Moldova, 34% of women experienced physical and/or sexual <u>violence</u> from an intimate partner during their lifetime; 9,4% of women experienced physical and/or sexual violence from an intimate partner in the past 12 months, and the prevalence of child marriage is 12.2% (OSCE-led study, 2019). In 2020, 12,970 cases of <u>domestic violence</u> were reported to authorities (UNDP). In 2017, Moldova signed and on January 31, 2022 <u>ratified</u> the Istanbul Convention.

In Moldova, HIV testing is voluntary, with informed consent and not mandatory before marriage. Existing provisions allow access to shelter for women who have experienced violence, regardless of HIV status. In December 2020, Moldova removed legal barriers to the adoption of children by people living with HIV. However, the country has criminalised HIV exposure and transmission (Article 212 of the Criminal Code).

Women living with HIV conducted <u>a study</u> on access to sexual and reproductive health, including issues violence (2018) led by the Positive Initiative. Almost a quarter of the women surveyed (23.0%) experienced fear of any form of violence due to their HIV diagnosis. Because of their HIV-positive status, women experienced violence from their sexual partners or husbands (5.0%), from a family member or neighbor (10.7%), in the community (13.3%), in health care facilities (24 .0%), from the police/military/prison or colony staff (4.0%). Participants from rural areas (31.3%) and participants aged 55+ years more often experienced fear of any form of violence due to their HIV diagnosis. Because of their diagnosis, violence from a husband or intimate partner was more often experienced by participants from a rural environment (8.8%) and aged 35–44 years.

<u>REAct data</u> from Moldova (2020-2022) shows that about 3% of women living with HIV and key populations have experienced physical violence from other people, intimate partner violence, sexual violence and harassment.

The UN Country Team in Moldova implemented <u>a mentoring programme</u> with approximately 100 women living with HIV to improve their knowledge of the signs of gender-based violence and discrimination and available mitigation services; and to strengthen their skills in identifying abusive behavior, self-awareness, and COVID-19 prevention measures (2020-2021). Women living with HIV have strong <u>partnerships</u> (Union for Justice and Health, Sotis Municipal Family Crisis Center, UNAIDS, UN Women) and conduct the "No Excuse for Violence!" campaign dedicated to 16 days of activism against gender violence and targeted inter alia at women who use drugs, led by the Association for Creative Development of Personality (2022) and the Alliance for Public Health (2023).

The representatives of women living with HIV in Moldova participated in the preparation and submission of <a href="mailto:shadow report">shadow report</a> (2020) to the UN Committee on the Elimination of Discrimination against Women (CEDAW) (75th session, 6th periodic report of Moldova). In <a href="mailto:the concluding observations">the concluding observations</a> on the sixth periodic report of the Republic of Moldova (2020), the Committee noted with concerns: "stigmatization of and discrimination against women living with HIV"; "criminalization of women in prostitution and the absence of exit programmes for women in prostitution"; and "the fact that the provision of support services for women who use drugs has been largely delegated to civil society organizations". The Committee recommended the State party:

- Eliminate discrimination and stigma against women living with HIV/AIDS through awareness-raising and extend the programme on the prevention and control of HIV/AIDS to women belonging to disadvantaged groups, particularly transgender women.
- Repeal article 89 (1) of the Contravention Code to decriminalize women in prostitution and provide alternative income-generating opportunities, educational programmes and exit programmes for women in prostitution.
- Eliminate stigma and discrimination against women and girls in prostitution to ensure that they have adequate access to health care, legal services and shelters.
- Provide adequate funding to civil society organizations that offer support and rehabilitation services to women who use drugs.

# SUMMARY

Community-led monitoring on types of violence against women living with HIV in Moldova was held by the Eurasian Women's Network on AIDS from June to August 2023. The survey involved 110 women living with HIV with an average or high risk of domestic violence. It is important to note that the monitoring tool does not measure the level of violence among women – it studies four types of violence (physical, psychological, economic, sexual) against HIV-positive women in Moldova who have already experienced it (or are experiencing now).

The social profile of a woman living with HIV and experiencing violence in Moldova can be described as follows. She is most likely heterosexual, aged 25–35 or 36–45 years old, has a secondary general education, is married or in an unregistered marriage, is unemployed and lives in poverty (or on the verge of poverty), has no children or is caring for one minor child, she and/or her husband/partner have used drugs.

Although this question was not asked directly, open-ended questions revealed that at least 13 women do not disclose or hide their HIV status from their husbands or partners (12%).

The diagnosis of HIV infection is used to increase psychological pressure on a woman – she is accused of having an HIV-positive status, blackmailed with its disclosure, the woman's value as an individual is reduced, and she is reproached for past sexual relationships. Among the dominating signs of psychological violence are insults and name-calling (98%), humiliation and devaluation (98%), display of expressive jealousy, control, prevention from communicating with other people. 61% of monitoring participants reported constant psychological violence.

More than a third of HIV-positive women who had experienced violence were prohibited from seeking medical services, social and other types of assistance (36%). More than half of women were forbidden to work (58%). 59% of women reported using children or other close people to put pressure on her, slightly less often – psychological, physical or other influence on her children in order to hurt a woman (56%).

Among all types of violence, the physical violence (98%), along with the psychological one, has the highest 'rating'. Over the past year, more than half of women living with HIV sometimes (58%) experienced physical violence, and one in six experienced it constantly (16%). The vast majority of women who had experienced physical violence had mental health consequences – feelings of loneliness, fear, anxiety, panic attacks, depression, and one in four women considered committing suicide.

Every fifth woman who has experienced physical violence (21.5%) and one in ten women who have experienced sexual violence (10.7%) connect it with their HIV status. The examples given in the study show how violence is justified by woman's HIV-positive status, including by women themselves due to internalised stigma.

Among all types of violence, the physical violence (97%)has the highest 'rating'. Over the past year, two thirds of women living with HIV sometimes (67%) experienced physical violence, and one in seven women experienced it constantly (14%). The vast majority of women who had experienced physical violence had mental health consequences – feelings of fear, anxiety, panic attacks, depression, feeling of loneliness, and one in five women considered committing suicide.

Since being diagnosed with HIV infection, 60% of respondents have sometimes or often experienced sexual violence, and 38% of women have experienced sexual violence within the last year.

Only a third of women living with HIV sought assistance in incidents of physical violence (36%), even less – in situations of sexual violence (4.5%). Women gave the highest rating to crisis centres and non-governmental organisations for the quality of assistance provided in incidents of physical violence, the lowest – to the police. It is difficult for the Research Team to conclude on the quality of professional assistance in incidents of sexual violence due to the small number of respondents who sought assistance and assessed it (3 out of 66).

The most frequently identified reasons for not seeking assistance in incidents of physical violence are lack of trust that assistance would be provided, shame, fear foe personal security. In incidents of sexual violence, the feeling of shame takes first place, followed by lack of trust that assistance would be provided and fear of publicity and public condemnation, and in fourth place is the reluctance to tell male police officers about intimate issues. Every seventh woman living with HIV does not seek assistance after experiencing physical violence because of her HIV status, and every tenth does not seek assistance in incidents of sexual violence.

In terms of the actions that could help reduce violence and improve access of women who have experienced violence to services, respondents most often suggested developing systems for providing assistance and information to women, including sensitivity to the HIV issues in the system of providing services in case of violence (50%). Women also called attention to improvements in legislation and enforcement; increasing the practice of bringing to responsibility; harsher punishment for aggressors (44.5%), as well as women's empowerment and development (21.8%).

Based on the results of the monitoring, it is recommended that national consultations be held by activists and leaders of the women's community to develop consolidated recommendations and an action plan in response to all identified types of violence against women living with HIV in Moldova, including with the involvement of a wide range of stakeholders and organisations.

Community activists can use the exemplary list of recommendations (two sections: "Legal environment, access to justice and social stereotypes" and "Organisation and delivery of services") prepared based on the findings of the community-led study and/or monitoring in EECA countries, adapting them to the national context of Moldova.

# STUDY OBJECTIVES AND METHODOLOGY

**Goal:** to identify the key characteristics of violence against women living with HIV and the specifics of organising assistance for HIV-positive women who have experienced violence in Moldova.

#### **Objectives:**

- To examine women's personal assessments of their lived experience of gender-based violence.
- To examine the experiences of women who seek and those who do not seek assistance.
- To examine the specifics of organising assistance, including access to crisis centres and shelters, for women who have experienced violence.
- To analyse existing barriers to receiving assistance.
- To develop recommendations for organisations that provide assistance to women living with HIV who have been subjected to violence.

**Geographical coverage of the study:** Right bank of the Dniester: Anenii Noi, Glodeni District, Chişinău, including Ghidighici and Durleşti, Nisporeni, Orhei, Straseni, Hincesti, Soldanesti, Ialoveni;

Left bank of the Dniester: Bender, Hlinaia, Grigoriopol, Dnestrovsk, Dubăsari, Camenca, Crasnoe, Mălăiești, Parcani, Pervomaisc, Rybnitsa, Slobodzeya, Ternovka, Tiraspol, Şipca.

Study target group and sample: 110 women living with HIV.

#### Data collection and analysis process:

A semi-standardized questionnaire was developed for the use in the study. The questionnaire consists of closed and opened questions. Respondents answered questions that were read out by trained interviewers who were representatives of the community of women living with HIV. The respondents' answers were first entered into a printed questionnaire and then transferred to an online Google form.

Qualitative analysis of data was performed in Excel spreadsheet format. The openended questions were analysed by means of identifying and grouping common themes. Information about the study was disseminated among HIV service NGOs providing assistance to HIV-positive women. The report retains the original spelling of the respondents' answers.

During the field work, weekly Research Team calls were held, upon completion of which the interviewers provided reports (so-called checklists) on the implementation of planned indicators and the maintenance of related documentation (see annexes).

Data collection period: June-August 2023.

# PREPARATORY STAGE AND PRIMARY SCREENING

#### In May 2023, EWNA adapted a tool containing:

- Primary screening domestic violence risk assessment (based on materials of <u>Sherin K., "HITS")</u>
- 2. **Survey of women**, whose screening received more than 50% positive responses.

The questionnaire contains questions that measure levels of physical, psychological, economic and sexual violence against women living with HIV, as well as barriers to seeking assistance. The questionnaire is an adapted version of the international community-led <u>study</u> of women living with HIV "Study on violence against women living with HIV in Eastern Europe and Central Asia", conducted by EWNA in 12 countries at the end of 2018. Using a similar methodology, violence among women living with HIV in Kazakhstan was monitored over the same period of time.

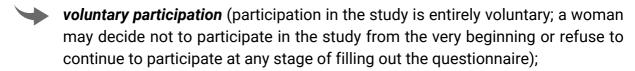
#### **Criteria for inclusion in the survey:**

woman living with HIV, who is resident of Moldova,

above 18 years of age,

with an average or high risk of domestic violence (scored at least 10 points during the primary screening).

All respondents signed **an informed consent** to participate in the study, which involves:



confidentiality (the woman's name, surname and place of residence will not be mentioned along with the information she reports; all results will be presented only in the general array, and not individually; all data collected during the study will only be available to the Research Team);

**possible inconvenience** (some questions in the questionnaire may concern intimate, personal and/or emotionally difficult topics; the study does not imply emergency situations, however, if such arise, the woman will be provided with psychological assistance).

If necessary, crisis or motivational counseling was offered to each respondent.

On June 6, 2023, EWNA conducted a **training "Monitoring violence among women living with HIV in Kazakhstan and Moldova"** for interviewers and Secretariat staff. The training was aimed at strengthening the community's capacity to monitor gender-based

violence against women living with HIV. During the training, participants improved their knowledge of gender-based violence and related issues; received practical skills in working with monitoring tools – primary screening and a semi-structured questionnaire for monitoring cases of gender-based violence; planned the process of collecting, storing and exchanging data; discussed study ethics and provision of support to women respondents, as well as coordination and reporting documentation. After completing several questionnaires, the interviewers provided recommendations for improving the proposed questionnaire.

## TYPES OF VIOLENCE UNDER STUDY

This monitoring studied four types of violence specified in the Council of Europe Convention on preventing and combating violence against women and domestic violence (Istanbul Convention)[4]: physical, sexual, psychological, economic. Links to define each form of violence can be found on the website of the European Institute for Gender Equality (EIGE)[5].

PHYSICAL VIOLENCE – any act which causes physical harm as a result of unlawful physical force. Physical violence can take the form of, among others, serious and minor assault, deprivation of liberty and manslaughter.

PSYCHOLOGICAL VIOLENCE – any act which causes psychological harm to an individual. Psychological violence can take the form of, for example, coercion, defamation, verbal insult or harassment.

ECONOMIC VIOLENCE – any act or behaviour which causes economic harm to an individual. Economic violence can take the form of, for example, property damage, restricting access to financial resources, education or the labour market, or not complying with economic responsibilities, such as alimony.

SEXUAL VIOLENCE – any sexual act performed on an individual without their consent. Sexual violence can take the form of rape or sexual assault.

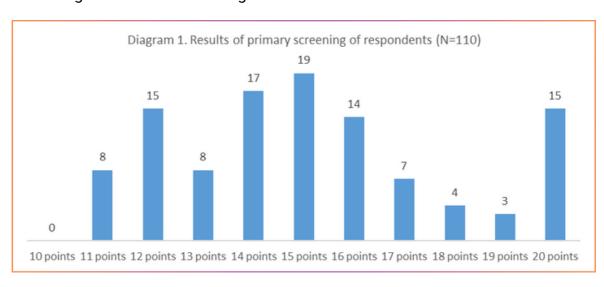
It is also important to recognise that gender-based violence may be normalised and reproduced due to structural inequalities, such as societal norms, attitudes and stereotypes around gender generally and violence against women specifically. Therefore, it is important to acknowledge **structural or institutional violence**, which can be defined as the subordination of women in economic, social and political life, when attempting to explain the prevalence of violence against women within our societies.

<sup>[4]</sup> The Council of Europe Convention on preventing and combating violence against women and domestic violence (Istanbul Convention)

<sup>[5]</sup> European Institute for Gender Equality (EIGE)

# FINDINGS OF THE STUDY

Using the identified tool, primary screening of more than 120 women living with HIV in Moldova and 110 individual surveys of women whose primary screening scored 10 or more points out of 20 possible (more than 50%) were conducted. The women selected for the survey had an average primary screening score of 15.15. The distribution of points among them is shown in Diagram 1:



As can be seen in the Diagram above, 15 women (14%) scored the maximum number of points on the primary screening, which indicates a situation of constant domestic violence.

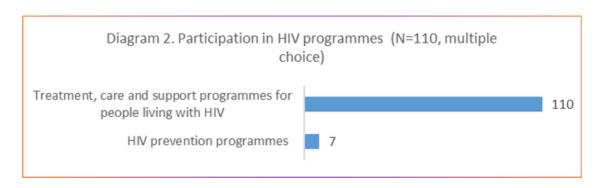
The survey involved 110 women living with HIV, among whom:



▶ 7 women (6.4%) participate in HIV prevention programmes among key populations and treatment, care and support programmes for people living with HIV



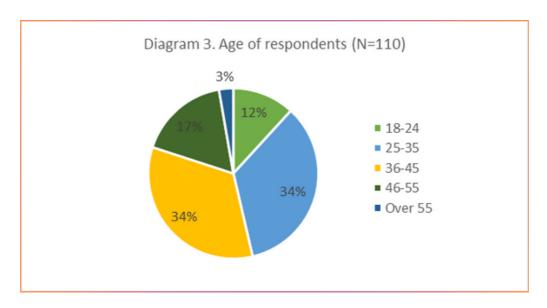
110 women (100%) participate in treatment, care and support programmes for people living with HIV



# SOCIAL AND DEMOGRAPHIC CHARACTERISTICS OF PARTICIPANTS

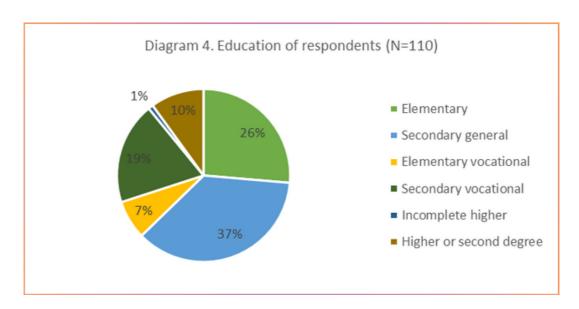
#### Age

The vast majority of respondents at the time of the survey were aged 25–35 years (34.5%) and 36–45 years (33.6%). Women in the age groups 46–55 years (17.3%) and 18–24 years (11.8%) are less represented, and those aged 55 years and older (2.7%) are significantly less represented.



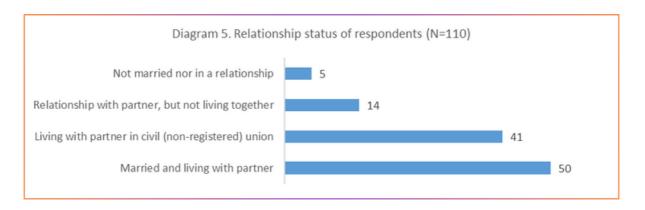
#### Education

More than a third of women have secondary general education (36.4%) and another fifth of women have secondary vocational education (19.1%). A quarter of women have elementary education (26.4%). Women with higher education or second degree (10%) and elementary vocational education (7.3%) are significantly less represented.



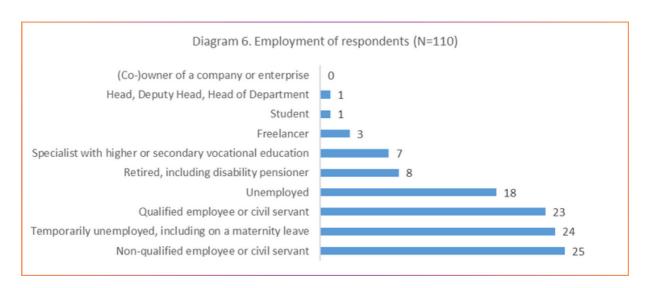
#### Relationship status

The vast majority of respondents (82.8%) live with a permanent partner – 37.3% are officially married and 45.5% are in civil union. 12.7% of respondents are in a relationship, but are not living together with their partners. 4.5% of the women surveyed indicated that they were not married nor in a relationship.



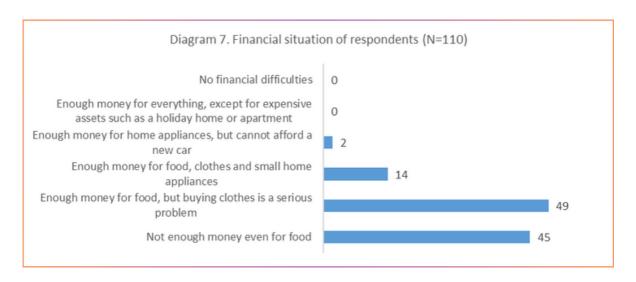
#### **Employment**

Less than half of the women who took part in the study had a permanent job (48.2%). Every fifth woman is temporarily unemployed, including on maternity leave (21.8%). Roughly the same percentage are qualified (22.7%) non-qualified employees or civil servants (20.9%). Every sixth respondent is unemployed (16.4%). 7,3% of women are retired, including disability pensioners. 6,4% are specialists with higher or secondary vocational education. 2.7% of women identified themselves as freelancers. One respondent is a student and one is an owner of a company or enterprise.



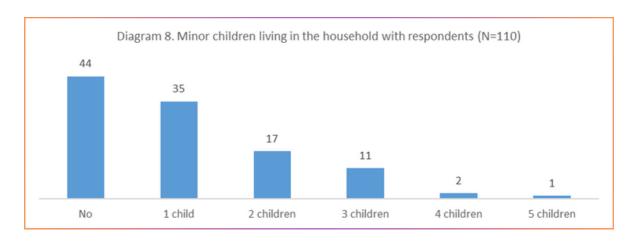
#### Financial situation

The vast majority of respondents live in poverty (85.4%). In particular, when assessing their financial status, women noted that they did not have enough money for food (40.9%), buying clothes was a serious problem due to lack of financial resources (44.5%). Only two women (1.8%) noted that they had enough money for home appliances, but none indicated absence of financial difficulties.



#### Children

40% of women do not have minor children living in the household. 31.8% of women surveyed have one child living in the household, 15.5% – two children, 10% – three children, and 1.8% have four children. One woman has five children.



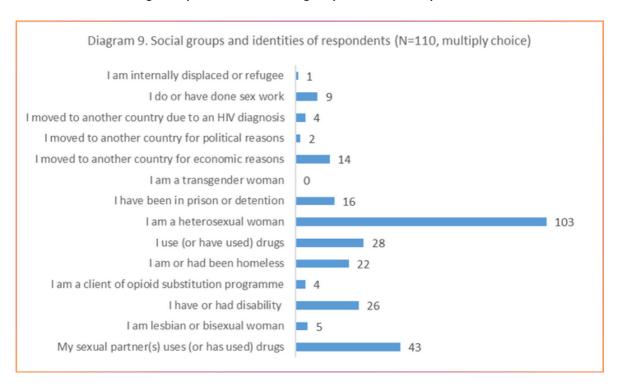
#### Social groups and identities

The majority of respondents were heterosexual women (93.6%). Bisexual women and lesbians made up 4.5% of respondents. 39.1% of the surveyed HIV-positive women have sexual partners among people who use drugs, and every fourth woman (25.5%) used drugs. One in five women is (or was) homeless (20%). Almost every fourth HIV-positive woman has (or had) disability (23.6%). One in seven women had been in prison (14.5%).

8.2% of women do or have done sex work. 3.6% of women participate in the OST programme. Four women moved to another country due to their HIV status (3.6%). 12.7% of women moved to another country for economic reasons.

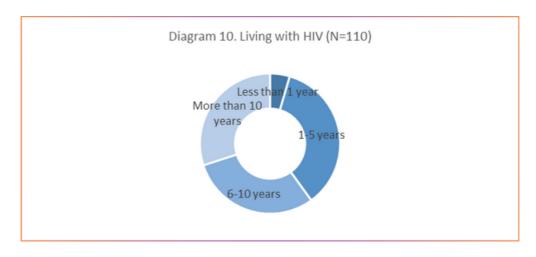
#### Intersectionality

The majority of women surveyed have two or more vulnerabilities. For example, two women live with disabilities, have experience of being in places of detention and experience homelessness. Two more women have experience of drug use, sexual partners who use drugs, experience of being in prison and experience of homelessness.



#### Living with HIV

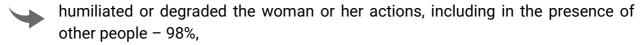
Women were approximately equally distributed according to their experience of living with HIV in the following age groups: 35.5% of respondents have been living with HIV from 1 to 5 years; 30% - from 6 to 10 years and 30% of respondents have been living with HIV for more than 10 years. The least represented are women living with HIV for less than 1 year (4.5%).



# **PSYCHOLOGICAL VIOLENCE**

Among all types of violence, the "highest" rating belongs to psychological violence. Study participants noted that, since being diagnosed with HIV infection, someone often or sometimes:



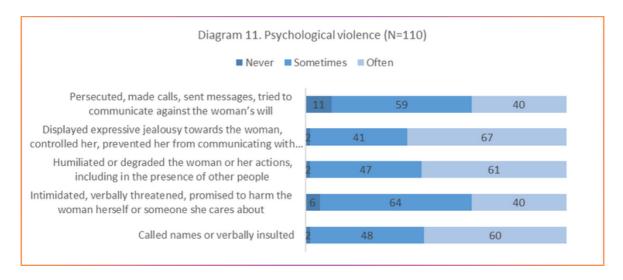


displayed expressive jealousy towards the woman, controlled her, prevented her from communicating with other people – 98%,

intimidated, verbally threatened, promised to harm the woman herself or someone she cares about – 95%,

persecuted, made calls, sent messages, tried to communicate against the woman's will – 90%.

61% of the women reported constant psychological violence.



#### Respondents' quotes:



"My husband considers himself "superior" due to the lack of status, looks down on everyone who is HIV+, believes that I am some kind of an object, a property"

"My cohabitant himself is aggressive"

"He thinks that I will not leave him for someone else because of HIV"

"He doesn't know about HIV, he's a policeman and if he finds out he'll kill me"

"He hasn't been tested yet, but he thinks I infected him"

"He didn't want to give a divorce, accused me of having infected him and even wrote a statement to the police about being infected, although he himself is HIV-negative"

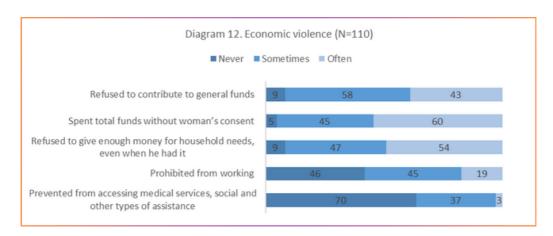
"He accused me of having infected him (I was the first to be registered)"

"He's just aggressive"

# **ECONOMIC VIOLENCE**

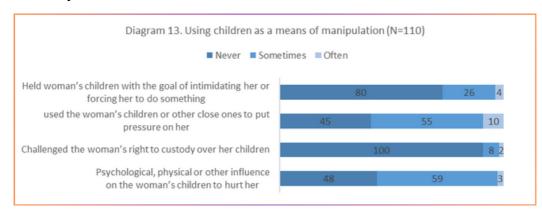
More than every third woman living with HIV experienced being prevented from accessing medical services, social and other types of assistance (36%), and more than a half of women were prohibited from working (58%). From the time of receiving an HIV diagnosis, the person with whom the woman has a shared household often or sometimes:

- refused to give enough money for household needs, even when he had it 92%,
- spent total funds without woman's consent 95%,
- refused to contribute to general funds 92%.



# **USING CHILDREN AS A MEANS OF MANIPULATION**

More than half of HIV-positive women reported psychological, physical or other influence on their children with the purpose of hurting the woman (56%). More than a quarter reported that their children had been held to intimidate or force the woman to do something (27%), and one in ten said they had been fought over custody of their children (9%). More than half of women have experienced a situation where children or other close people were used to put pressure on them (59%). If the sample is considered only in terms of women living with minor children, then the rates of violence will increase by 1.66 times.



### Respondents' quotes:



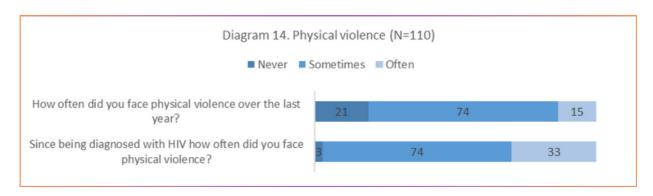
"My civil partner thinks that I will not leave him because I have HIV, no one needs me anymore, and I won't be able to raise children on my own"

"He reproached me (the child also has HIV) for not paying enough attention to him"



# PHYSICAL VIOLENCE

Since being diagnosed with HIV, 97% of respondents experienced physical violence. Over the past year, two thirds of women living with HIV sometimes (67%) experienced physical violence, and one in seven experienced it constantly (14%).



#### Forms of physical violence

During the last incident of physical violence, women experienced being:

- > 87.9% shaken or pushed,
- 71% slapped with a palm,
- 59.8% grabbed by the hair,
- → 46.7% punched or beaten with an object,
- → 28% suffocated,
- > 17.8% threatened with a knife or another weapon,
- → 6.5% burned.

Additionally, women reported the following forms of violence: "kicked", "may have tripped me up to make me fall over or removed the chair to make me fall".



#### Connection with HIV status

A third of women who have experienced physical violence connect it with their HIV status (34%). The examples below show how violence is justified by woman's HIV-positive status, including by women themselves due to internalised stigma.

#### Respondents' quotes:



"When the partner found out about the status, he became more aggressive"

"He beat me out of jealousy; the diagnosis was delivered during pregnancy, but he turned out to be HIV-negative. He thinks that I cheated on him. When he drinks, he starts to reproach me"

"He was jealous"

"I infected my cohabitant and stopped treatment for two years. Now he gets angry and often beats me because of this"

"People told him that I have HIV"

"He did not believe that I had HIV and accused me of listening to my mother"

"He accuses me of infecting him and says that the doctors told his mother that I had infected him"

"I am HIV-positive, but my partner is not"

"Hates me for infecting him"

"My husband thinks that I'm cheating on him because he hasn't tested positive for HIV, and that's why he's showing aggression"

"I got HIV while married. My husband is HIV-negative and, thus, accuses me of cheating"

"The situation was related to the fact that I was using alcohol and drugs"

"My partner was not in the mood"

"My husband reproaches me for being HIV+"

"This situation was related to his stupid drug use"

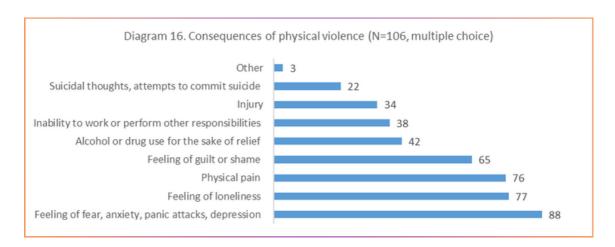
"I hide my diagnosis from my husband, he thinks that I am deceiving him. Having recently found pills (I always hide them without boxes), he thought that I was pouring it to him so that he would stop drinking"

#### Consequences of physical violence

After incidents of physical violence, women experienced the following states:

- Feeling of fear, anxiety, panic attacks, depression 83.2%
- Feeling of loneliness 72.6%
- Physical pain 71.7%
- Feeling of guilt or shame 61.3%
- → Alcohol or drug use for the sake of relief 39.6%
- Inability to work or perform other responsibilities 35.8%
- Injury 32.1%
- Suicidal thoughts, attempts to commit suicide 20.8%.

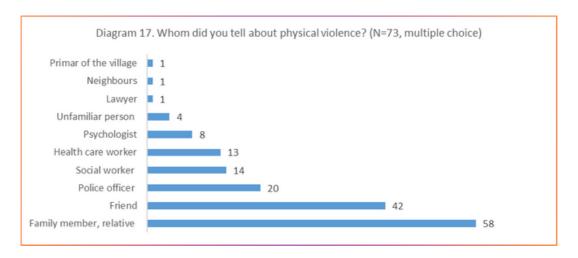
Additionally, women reported the following states: "resentment", "hatred towards him", "anger".



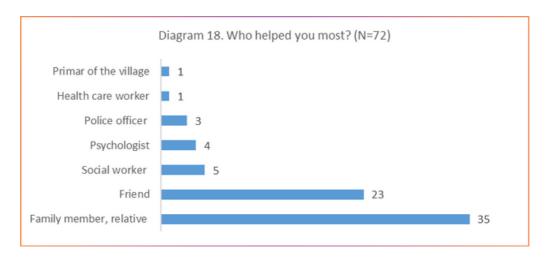
#### Seeking assistance in incidents of physical violence

Two thirds of HIV-positive women who had experienced physical violence (68.2%) told someone about it, namely:

- Friend (58 women)
- Family member, relative (42 women)
- Police officer (20 women)
- Social worker (14 women)
- Health care worker (13 women)
- Psychologist (8 women)
- Unfamiliar person (4 women)
- Lawyer (1 woman)
- Neighbours (1 woman)
- Neighbours (1 woman)

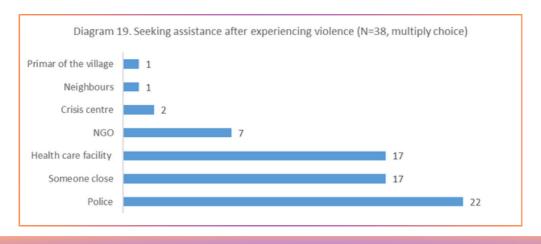


Women received the greatest support from family members, relatives and friends.



Only 36% of women, who had experienced physical violence sought assistance, in most cases from the police, health care facility or someone close:

- Police (22 women)
- Someone close (17 women)
- Health care facility (17 women)
- NGO (7 women)
- Crisis centre (2 women)
- Neighbours (1 woman)
- Primar of the village (1 woman).



#### Assessment of assistance provided

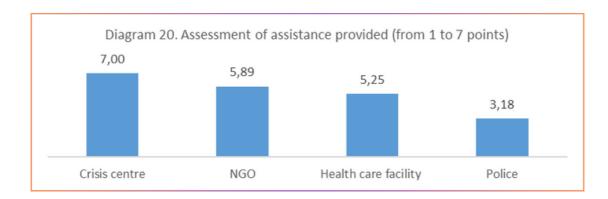
On scale from 1 to 7, crisis centres and NGOs have the highest rating of professional assistance, the lowest – the police:

Crisis centre – 7 points

→ NGO - 5.89 points

→ Health care facility - 5.25 points

Police - 3.18 points.



#### Respondents' quotes:

Experience in obtaining assistance in <u>various settings</u> in connection with the incidents of physical violence:



"The NGO provided me with professional assistance. The police ignored because I used alcohol and drugs, and the hospital treated me with disdain"

"The police did not punish, but the doctors provided medical assistance"

"The police did not investigate, saying that we were both drunk and it was my fault. The health care facility documented the beatings and said that it was not enough"

"The police did not respond, but the doctors provided assistance"

"The police fined my husband after he beat me, and the doctor is constantly in touch with me"

"They helped me a lot"

"The police drew up a report and took him away for a day. Nothing else was done. The HIV service organisation and crisis centre provided me with psychological and legal assistance and helped file a divorce"

"They supported me, provided moral support, provided assistance, he was locked in a police cell"

"They helped me a lot everywhere, and after that my husband behaved well"



"The police did not help, they said that this was our family business. The doctor stitched up the wound, and his relatives beat me"



Experience in obtaining assistance from the police:



"It would be better not to contact the police, disgusting feelings and memories"

"The police didn't help at all; they just issued a fine"

"They refused to accept the statement, they said that it was my fault"

"Thanks to the police, he was deprived of his freedom, and I was able to become free from him and acquired protection with another man"

"They refused to accept the statement, they said that the fight is your everyday problems, sort it out yourself"

"The policeman helped in getting the husband punished"

"The police forbade him to come near me"

"She said it was a domestic quarrel and didn't take a statement"

"I have an alcohol addiction. They don't want to do anything; they say it's my own fault"

"The police said that as long as we are husband and wife, they will not do anything. That we will make peace tomorrow, and they will work in vain"

"I withdrew my statement myself. The lover persuaded me, he has a good position and he could lose his job. He lives with another family, but he controls me and is jealous" "He was detained for a day, then simply released"



Experience in obtaining assistance from the NGO:



"I feel better psychologically, but I still can't radically solve the problem"

"I was not satisfied with the counseling provided, I did not agree with the recommendations and was not ready to do anything"

"The NGO offered psychological assistance, told about the shelter and offered legal assistance"

"I received consultations from a psychologist and a lawyer and was redirected to a specialised organisation. My husband also received psychological assistance"

"The NGO offered to redirect me to a crisis centre, live apart from my husband and work with specialists there, but I'm not ready to leave my husband and tear my children away from home"

99

#### Experience in obtaining assistance from the health care facility:



"They provided first aid and sent me away, but I felt neglect and condemnation"

"My husband broke my nose, but I didn't tell the hospital, I said that I fell myself. If he had been arrested, my children and I would have been left without a livelihood. They helped me and I went straight home"

"I was prescribed treatment for 10 days and I felt better"

"They gave me medications that didn't work for me"

"They stitched up my wound and gave me moral support"

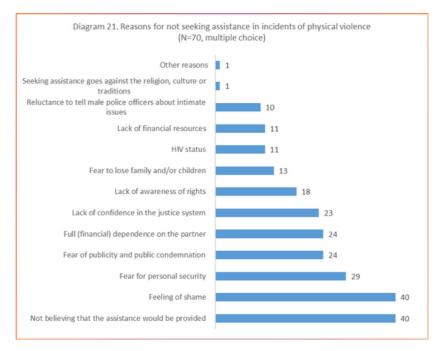
"Provided a full range of medical services"

#### Reasons for not seeking assistance

The majority of women who had experienced physical violence did not seek assistance (64%) for the following reasons:

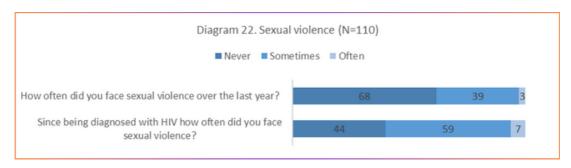
- Not believing that the assistance would be provided (40 women)
- Feeling of shame (40 women)
- Fear for personal security (29 women)
- Fear of publicity and public condemnation (24 women)
- Full (financial) dependence on the partner (24 women)
- Lack of confidence in the justice system (23 women)
- Lack of awareness of rights (18 women)
- Fear to lose family and/or children (13 women)
- HIV status (11 women)
- Lack of financial resources (11 women)
- Reluctance to tell male police officers about intimate issues (10 women)
- Seeking assistance goes against the religion, culture or traditions (1 woman).

Additionally, women reported the following reasons: "Was restricted in movement".



# **SEXUAL VIOLENCE**

Since HIV diagnosis, 60% of women with HIV have sometimes or often experienced sexual violence, and 38% of women have experienced sexual violence within the past year. 7 out of 65 women who have experienced sexual violence connect it with their HIV status[3].



#### Respondents' quotes:



"My husband was drunk and aggressive at that moment"

"When my husband drinks, he becomes aggressive, starts blaming me for allegedly cheating on him and sometimes forces me to have sex against my will"

"My husband was drunk and aggressive"

"After beating me, my partner may "put up" like this, saying that he loves him, but as in cases of beatings, he believes that I will not go anywhere now and will not leave him because of HIV, and threatens to tell everyone about the diagnosis if I leave him"

"Due to the fact that I am HIV+ and my husband is not, he believes that he accomplished a feat by marrying me. He thinks that I am his thing and only he needs me"

"My boyfriend knows that I worked abroad as an escort, threatens to tell my family and friends, and about HIV too"

"He was just taking his anger out on me"

"He was constantly punishing me and, as he said, was teaching me how to live"

"Because of jealousy (and jealousy is because of HIV) and the desire to subjugate"

"My husband constantly wants sex"

"A neighbour raped me. We drank together. He knew about the diagnosis and believed that I was a woman of easy virtue"

"When he uses, I am afraid of him and cannot cope with him. I agree to intimacy though I do not feel like it".

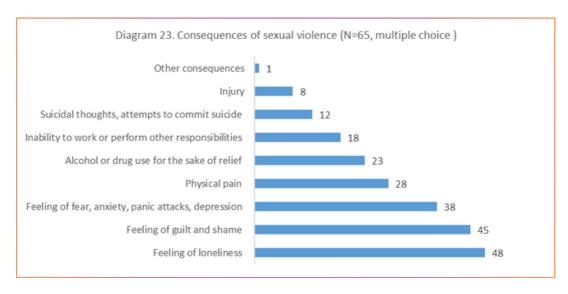
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#### Consequences of sexual violence

After sexual violence, women experienced the following conditions [4]:

- Feeling of loneliness (48 women)
- Feeling of guilt and shame (45 women)
- Feeling of fear, anxiety, panic attacks, depression (38 women)
- Physical pain (28 women)
- Alcohol or drug use for the sake of relief (23 women)
- Inability to work or perform other responsibilities (18 women).
- Suicidal thoughts, attempts to commit suicide (12 women)
- Injury (8 women)

Additionally, women reported the following conditions: "anger and hatred".



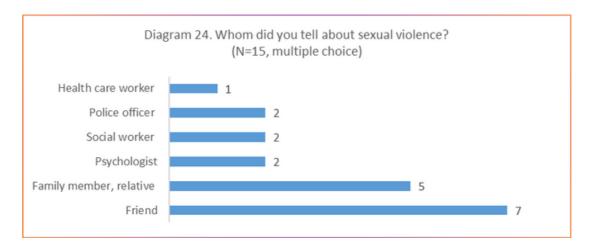
#### Seeking assistance in incidents of sexual violence

15 out of 66 HIV-positive women who had experienced sexual violence told someone about it:

- Friend 7 women
- Family member, relative 5 women
- Social worker 2 women
- Police officer 2 women
- Psychologist 2 women
- Health care worker 1 woman
- Lawyer 0 cases
- Unfamiliar person − 0 cases.

Women received the greatest support from friends, family members and relatives.

<sup>[4] 1</sup> woman did not answer this question



Only 3 out of 66 women who had experienced sexual violence sought assistance from:

Health care facility (2 women)

Police (1 woman)

NGO (1 woman)

#### Assessment of assistance provided

It is difficult for the Research Team to conclude on the quality of professional assistance in incidents of sexual violence due to the small number of respondents who sought assistance and assessed it (3 out of 66). On scale from 1 to 7, women assessed professional assistance as follows:

→ Health care facility – 2 women, 4 and 7 points

Police – 1 woman, 6 points

NGO - 1 woman, 4 points.

# Respondents' quotes:

Experience in obtaining assistance from the NGO:



"I expected more from both the health care worker, the psychologist and the social worker. But still they offered me support and redirected me to another organisation working with victims of violence"

Experience in obtaining assistance from the police:



"The rape occurred in Odesa. I went to the nearest department, where at first the employee did not react, I just waited, although I didn't feel well, but then his replacement came and provided very high-quality comprehensive assistance, both psychological and medical redirection, and gave money for the ride from the hospital. Then they also called for identification, but the criminal was not found"



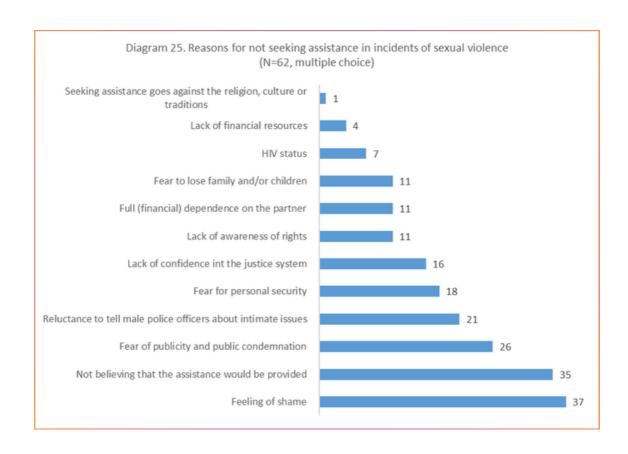
"They forbade him to communicate with me".



#### Reasons for not seeking assistance

Reasons for not seeking assistance after experiencing sexual violence:

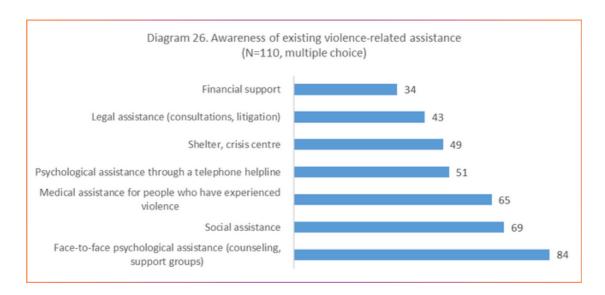
- Feeling of shame (37 women)
- Not believing that the assistance would be provided (35 women)
- Fear of publicity and public condemnation (26 women)
- Reluctance to tell male police officers about intimate issues (21 women)
- Fear for personal security (18 women)
- Lack of confidence in the justice system (16 women)
- Lack of awareness of rights (11 women)
- Full (financial) dependence on the partner (11 women)
- Fear to lose family and/or children (11 women)
- HIV status (7 women)
- Lack of financial resources (4 women)
- Seeking assistance goes against the religion, culture or traditions (1 women).



# WOMEN'S AWARENESS OF EXISTING VIOLENCE-RELATED ASSISTANCE AND PROPOSALS FOR ITS IMPROVEMENT

Researchers asked women living with HIV who had experienced violence whether they were aware of different types of assistance and received the following responses regarding their awareness of violence-related assistance:

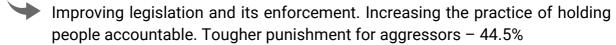
- Face-to-face psychological assistance (counseling, support groups) 76.4%
- Social assistance 62.7%
- ► Medical assistance for people who have experienced violence 59.1%
- Psychological assistance through a telephone helpline 46.4%
- Shelter, crisis centre 44.5%
- Legal assistance (consultations, litigation) 39.1%
- Financial support 30.9%.



Despite the fact that all monitoring participants take part in HIV programmes, less than half of women living with HIV who have experienced violence are aware of psychological assistance through a telephone helpline (46.5%), shelters and crisis centres (44.5%), and even less – of legal assistance (consultations, litigation) (39.1%) and financial assistance (30.9%).

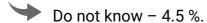
The researchers also asked respondents to imagine themselves as a person in a position of power and asked about the actions of decision-makers that could help reduce violence and improve access to services for women who experienced violence. Women's answers can be grouped into the following thematic blocks:

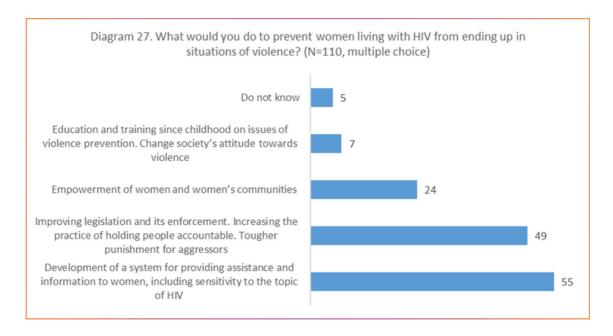
 Development of a system for providing assistance and information to women, including sensitivity to the topic of HIV – 50%





Education and training since childhood on issues of violence prevention. Change society's attitude towards violence – 6.4%





Examples of respondents' answers to the question: "What would you do to prevent women living with HIV from ending up in situations of violence?"



"I would create help centres for women. I would train the police and other authorities to work with women who have experienced violence. I would change the punishment for aggressors – instead of fines I would restrict freedom"

"I would change the way the police work, give a lot of information on TV and on social networks that would help women think about the need to change relationships that do not bring happiness"

"It is necessary to properly inform the population and protect the rights of HIV-positive people"

"I would introduce preventative lessons at school. I would provide financial support to victims of violence. I would change the law and types of violence-related punishment"

"I would provide round-the-clock assistance to victims from a lawyer and a psychologist"

"I would introduce tougher penalties for the aggressor"



"The state should tighten the law against rapists"

"Introduce compulsory lessons in schools (starting from at least 7th grade) on the issue of domestic violence, reproductive health and child rights. So that reports of violence are filed not only by victims of violence, but also by witnesses. It should be mandatory for the police to initiate criminal cases. To tighten punishment for the aggressor. And also, in help centres to work not only with victims, but also with aggressors"

"I would make the country rich so that women could be independent, could work and receive large salaries, and would not depend on men"

"Severely punish the rapist. Educate women about their rights"

"More crisis centres for women and more information about violence in the media"

"More centres where groups and trainings are held for women living with HIV so that they can know about their rights. Financial support"

"More information about types of assistance. Serious punishment for men who commit violence"

"Make sure the police work conscientiously. More help centres for women. Maintain confidentiality"

"Informing women and providing 24/7 available psychological assistance"

"More information about HIV disease and how it can be controlled"

"We need HIV decriminalisation. Training doctors and police officers in basic knowledge about HIV, tolerance towards people with HIV and non-discrimination"

"We need to set up places where you can come and get protection, so that women are not afraid to leave their husbands and know that there are safe places"

"So that men who beat their wives are punished and put in prison. Now beating is not considered a crime"

"I would open more crisis institutions, teaching women how to behave with an aggressor. Home-like centres"

"We need to teach women to ask for help"

"I would oblige local authorities not to ignore cases of violence, but to report on each one"

"To teach women not to be afraid to leave their husbands and ask for help"

"I would change public opinion, which justifies those who show violence and blame women, like it's their own fault"

"To empower women. To teach women not to be afraid and to defend themselves"

"I would help women make their lives independent"

"It is necessary that women receive an education and go to live in the city. Nothing will change in the village"



"To teach boys and girls from school about how to behave and what to do in situations where someone shows aggression towards you"

"It is necessary to create conditions for women to become economically independent and develop training programmes that will help women understand their rights and teach them how to protect themselves"

"To teach women to recognise violence and understand that violence is not the norm"

"It is necessary to create crisis centres in every city, and the authorities should cooperate with them"

"Free protection and rehabilitation programmes, including for women with drug addiction"

"I would develop a long-term mandatory programme of psychological assistance for girls and women to develop self-confidence"



## RECOMMENDATIONS

**Key recommendation** of the community-led monitoring "Types of violence against women living with HIV in Moldova" is for women activists and leaders of women's community to hold national consultations to develop consolidated recommendations and an action plan to prevent and respond to all identified types of violence against women living with HIV in Moldova, including with the involvement of a wide range of stakeholders and organisations.

Women activists can use the following list of recommendations developed based on the findings of the community-led study and/or monitoring in EECA countries, adapting them to the national context of Moldova:

#### Legal environment, access to justice and social stereotypes:

- 1. To scale up advocacy and human rights activities aimed at improving the enforcement of laws on protection from violence, including with the engagement of the media.
- 2. To carry out regular community-led documentation of cases of violence against women living with HIV and members of key communities.
- 3. To monitor the accessibility and friendliness of crisis centres and shelters to women living with HIV and representatives of key populations.
- 4. To improve women's access to justice: support interventions aimed at protecting rights in the context of violence, including in litigation, provide legal assistance and social support to women who experienced violence. To involve the media in covering precedent and strategic cases.
- 5. To ensure cooperation and support for effective communications of the community of women living with HIV with human rights and feminist organisations.
- 6. To conduct an assessment of existing standards for the provision of services and assistance to women who have experienced violence, in the context of their availability and accessibility for women living with HIV and representatives of key populations.
- 7. To ensure sustainable funding for crisis centres and shelters, including those based on non-governmental women's and HIV service organisations.
- 8. To remove barriers to access to protection from violence through the organisation of low-threshold assistance without burdensome bureaucratic or stigmatizing criteria or requirements (registration, HIV and syphilis testing, restrictions for HIV-positive women, women sex workers or women who use drugs, restrictions for women with children). Creation of crisis apartments.
- 9. To include representatives of the community of HIV-positive women in coordination structures on gender policy and the prevention of domestic violence.

- 10. To provide resources and technical assistance for the development and submition of shadow reports to UN treaty bodies, in particular the UN Committee on the Elimination of All Forms of Discrimination against Women (CEDAW), including resources for consultation, community-led research and documenting cases of violence.
- 11. To plan programmes for prevention and assistance in cases of violence with the active engagement of women living with HIV and representatives of key communities.
- 12. To conduct gender audits of HIV programmes including the topic of gender-based violence.
- 13. To advocate for policies and strategies to decriminalise HIV, sex work and drug use as enablers to reducing vulnerability of women to violence.
- 14. To develop paralegals' networks of women living with HIV and representatives of key communities, including resources for training and case management in relation to violence.
- 15. To promote the ideas of equal rights and opportunities in the field of employment and its remuneration (eradicate the wage gap between men and women; adopt legislation allowing men to take parental leave). To eliminate discrimination in the field of employment based on HIV status.
- 16. To build in society a culture of active consent to sex.
- 17. To form skills in families/civil partnerships for joint budget planning and division of household labor.
- 18. To conduct national information campaigns on types of violence (psychological, economic, physical, sexual, institutional) and their identification, including led by women's communities.
- 19. To collaborate with the Ministry of Education to educate and teach children behaviors that respect human rights, challenge harmful gender stereotypes and demonstrate zero tolerance for violence.

#### Organisation and delivery of services:

- 1. To ensure advanced training of specialists working in the field of violence prevention and response (especially workers of crisis centres and shelters) in issues of HIV infection, sex work, substance use, SOGI.
- 2. To integrate services for women who experienced violence into projects of HIV service organisations, in particular, into harm reduction, care and support for HIV-positive people. To use violence diagnostic tools in HIV programmes.
- 3. To ensure widespread awareness of women living with HIV and women from key communities about existing services for protection from violence by HIV service providers, using various communication channels and interventions (for example, self-help groups, patient schools, harm reduction counseling, support for pregnant women, websites, helplines, national hotlines, closed groups and chats, etc.).

- 4. To train community activists and service providers on the enforcement of relevant domestic violence legislation and response mechanisms.
- 5. To improve mechanisms of emergency intervention in cases of violence against women (medical, psychological, social, legal assistance).
- 6. To organise index testing for HIV, guided primarily by the safety of an HIV-positive woman, in cases where she is already exposed to violence or is at risk of experiencing it after informing her intimate partner about her HIV status.
- 7. To create a system of effective management and support for women between state and non-state institutions providing assistance to women who experienced violence.
- 8. To organise community-based assistance to increase the trust of service beneficiaries and reduce stigma related to HIV, sex work, drug use, gender identity, etc. To increase women's awareness and ability to address various forms of violence using the WINGS methodology and other tools.
- 9. To create safe spaces for women, in particular those vulnerable to violence and HIV, primarily on the basis of non-governmental organisations and community-led organisations.
- 10. To provide services solely in the interests of the woman, taking into account her safety, overall condition and vulnerabilities. For example, among the reasons for not seeking help among women with HIV, the dominant factors are lack of faith in justice, fear of publicity and public condemnation; in cases of sexual violence, shame and unwillingness to tell male police officers about intimate things.
- 11. To encourage and maintain the principles of safety and self-care among community activists of women living with HIV and representatives of key communities.

# IMPACT ON COMMUNITY CAPACITY

Training and participation in community-led monitoring of types of violence, preparation and promotion of recommendations based on the results of monitoring of gender-based violence by community representatives of women living with HIV, as well as their participation in the formation of strategies and policies that prevent or respond to gender-based and other violence against women with HIV affects

- the ability of representatives of the community of women living with HIV to prevent or respond to gender-based violence;
- the ability of representatives of the community of women living with HIV to demand government accountability for the implementation of international obligations and laws of Kazakhstan to prevent or respond to violence;
- the ability to use legal mechanisms to protect against violence;
- the increase in cases of women living with HIV seeking help and protection;
- the increase in the visibility of the legal needs of women living with HIV for the community of human rights activists and defenders.

### REFLECTIONS OF THE RESEARCH TEAM

At the end of data collection, the research interviewers, who are activists of the women's community, shared their observations, thoughts and feelings about the course of the monitoring of types of violence against women living with HIV in Moldova.



"Many women tolerate violence, considering it the norm. They say that this is how they were raised: "a woman must endure" in order to "preserve the family" or "for the sake of the children," not realising that in this way they are further aggravating the problem of violence, since this also becomes the norm for their children.

Some women, not having their own income and housing, are completely dependent on their husband/partner and therefore endure violence. Women who use drugs are dependent on their partner and are forced to endure violence because he provides her with the substances.

I vividly remember one incident. An HIV-positive woman, an HIV-negative husband, works in the police, constantly shows physical and sexual violence, then reconciles with chocolates and flowers. They have 3 children and she is pregnant with their fourth child. The woman is tired and doesn't want to give birth anymore, but her husband does. He doesn't know that she is HIV positive. Initially, when they met, she didn't say anything, and after that she was afraid. Her husband doesn't care about her health, and she can't protect her reproductive rights."

"Almost all of the women surveyed endure insulting and disdainful treatment and are unable to rebuff the man. Women live with false beliefs that they can't cope without men, that they won't be fulfilled (where will I go, what will I live on, he will kill me, etc.). I concluded that the lower a woman's self-esteem is, the more types of violence she experiences.

Many women, having lived with their husbands for years, are afraid to disclose their HIV status, including for fear of experiencing even more violence. This is especially aggravated in rural areas of Moldova.

In most cases of violence, the woman herself is blamed and this is one of the reasons why women do not seek assistance. There is no belief that the assistance would be provided".

Irina Goreaceaia

"The majority of women surveyed do not identify themselves as victims and do not identify types of violence. Women feel guilty in situations of violence and often make excuses for abusers.

I noticed how taboo the topic of sexualized violence is for women. Many respondents do not know how or do not want to talk about topics related to sex. It was easier to talk with those women whom I had personally known for a long time (they were more open), others simply did not talk about sexual behaviour.

Women who used psychoactive substances were also more open. Women with vulnerabilities, for example, with addictions or who have served a sentence, are completely disappointed in the authorities and are afraid to seek assistance.

Most women do not seek assistance after experiencing violence or have negative experiences of seeking assistance from the police".

Natalia Palamari

# **ANNEXES**

Annex 1. Domestic Violence Risk Assessment. Primary Screening Form

#### **Risk Assessment for Domestic Violence Situations**

(based on materials of Sherin K., "HITS")

Locality	

Please read the description of your partner's possible behavior and indicate in the appropriate box how often your partner behaves this way.

How often does your partner?	Never	Seldom	Sometimes	Often enough	Often
1. Causes you physical harm	0	0	0	0	0
2. Offends you or speaks to you dismissively	0	0	0	0	0
3. Threatens to harm you	0	0	0	0	0
4. Screams at you or scolds you?	0	0	0	0	0
	1	2	3	4	5

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#### Analysis of responses:

- Points for each answer range from 1 to 5.
- Total number of points for answers can amount from to 4 to 20.
- A point of more than 10 confirms the situation of domestic violence.

#### Annex 2. Monitoring Questionnaire

#### Monitoring of types of violence against women living with HIV in Moldova

Community-led study

#### **QUESTIONNAIRE**

The Eurasian Women's Network on AIDS monitors the access of women living with HIV, who experienced violence, to social and medical services. The results of the monitoring will help improve services provided to women living with HIV, who experienced violence.

#### How to answer questions

- Filling out the questionnaire will take about 30 minutes.
- Most questions already have ready-made answer options. You will only need to choose the one that most matches your opinion.
- In several questions, we will ask you to provide a more extended answer and write it down in a special field. Please do not leave this field empty, your opinion is very important to us!

#### Sensitivity of questions

- The survey contains sensitive questions about experiences of incidents of violence that can evoke strong emotions. Please take this into account when deciding whether to participate in the survey.
- Remember that you can stop filling out the questionnaire at any time.

#### Anonymity and confidentiality

- The survey is completely anonymous: we do not ask for your first and last name
- All information you provide is completely confidential and will never be associated with you personally.

Thank you in advance for your assistance in conducting the survey!

**Attention!** This survey is intended to be completed only by or with the assistance of trained interviewer of the Eurasian Women's Network on AIDS.

001. P	Please confirm your HIV-positive status	
	2. Yes, I am an HIV-positive woman	==> Continue filling out the questionnaire
	1. No	==> Finish filling out the questionnaire
	By filling out the questionnaire, you consen ations	t to the use of your answers in
	2. Yes	==> Continue filling out the questionnaire
	1. No	==> Finish filling out the questionnaire
003. P	articipant code	
004. N	lumber of points according to the primary scr	reening
005. P	Participant of the programme	
	HIV treatment, care and support HIV prevention among key populations Do not participate in HIV programmes	
	1. A few questions ab	pout you
1.1. Na	ame of the city or town where you live:	
1.2. Yo	our age (full years)	
1.3. Yo	our actual family status:	
	1. Married and living with partner	
	2. Living with partner in civil (non-registered) union	
	3. Relationship with partner, but not living together	
	4. Not married nor in a relationship	

1.4	4. Your education (Already completed at the moment)
	1. Elementary (1-8/9 grades of school)
	2. Secondary general (9/10-11 grades of school)
	3. Elementary vocational (lyceum, junior vocational school)
	4. Secondary vocational (college, vocational school)
	5. Incomplete higher (1-3 years of university study)
	6. Higher or second degree (4-6 years of university study)
	7. Post-graduate school or degree
1.5	. Your social status
	1. (Co-)owner of a company or enterprise
	2. Head, Deputy Head, Head of Department
	3. Specialist with higher or secondary vocational education
	4. Qualified employee or civil servant
	5. Non-qualified employee or civil servant
	6. Self-employed, freelancer
	7. Unemployed
	8. Student
	9. Temporarily unemployed, including on a maternity leave
	10. Retired, including disability pensioner
1.6.	. Do you currently have a permanent job?
	2. Yes 1. No
1.7.	. Please assess your financial situation
	1. Not enough money even for food
	2. Enough money for food, but buying clothes is a serious problem
	3. Enough money for food, clothes and small home appliances, but it would be difficult to buy a television, refrigerator or washing machine

		4. Enough money for home appliances, but cannot afford a new car
		5. Enough money for everything, except for expensive assets such as a holiday home or apartment
		6. No financial difficulties
1.8.	Nun	nber of minor children living in the household
(Put	the	number. If you do not have children, then put "0")

# 1.9. There are a number of groups among women that require special attention and support. Please mark if you belong to any of them: (Please give an answer for each line)

Name of the group	<b>Yes,</b> I belong to this group
1. I use (or used) drugs	
2. My sexual partner uses (or used) drugs	
3. I am a client of opioid substitution programme	
4. I am or was involved in sex work	
5. I am current or former prison inmate	
6. I have or had disability	
7. I moved to another country for economic reasons	
8. I moved to another country for political reasons	
9. I moved to another country due to an HIV diagnosis	
10. I moved to another country for other reasons	
11. I am a heterosexual woman, I have (or had) sexual contacts only with men	
12. I am a bisexual woman or lesbian, I have (or had) sexual contacts only with women	

13. I am a transgo	ender woman		
14. I am currently	or previously homeless		
1.10 Experienc	e of living with HIV		
	Less than 1 year		
	1-5 years		
	6-10 years		
	More than 10 years		
1.	Since being diagnosed with HI	V how often has	someone
2.1 .called yo	u names or verbally insulted?		
1. Neve	r 2. Someti	mes	3. Often
2.2. intimidat about?	ed, verbally threatened, promis	ed to hurt you	or someone you care
1. Neve	r 2. Sometir	nes	3. Often
2.3. abused, h	numiliated or degraded you or y le?	our actions, inc	luding in the presence
1. Neve	r 2. Sometin	nes	3. Often
	d excessive jealousy towards yong with other people?	u, controlled yo	ou, prevented you from
1. Nev		es	3. Often

vill?	secutea, made calls,	sent me	essages, tried to d	ommunic	cate against your
	1. Never		2. Sometimes		3. Often
3	. Since being diagnos	sed with I	HIV how often has	s the one	you cohabitate
3.1. refu	used to give enough	money f	or household exp	enses, ev	en when he had it?
	1. Never		2. Sometimes		3. Often
3.2. spe	nt common financia	l resourc	es without consu	ılting it wi	th you?
	1. Never		2. Sometimes		3. Often
3.3. refu	used to contribute to	the com	mon financial res	sources?	
	1. Never		2. Sometimes		3. Often
3.4. did	not allow you to wor	k?			
	1. Never		2. Sometimes		3. Often
3.5. did	not allow you to see	k medica	al, social and othe	er assista	nce?
	1. Never		2. Sometimes		3. Often
	4. Since being	g diagnos	sed with HIV how o	often has	someone
4.1. had	l psychological, phys	sical or o	ther influence on	your child	dren to hurt you
	1. Never		2. Sometimes		3. Often

4.2. challenged your right to custody over	your children
1. Never 2. So	ometimes 3. Often
4.3. used your children or other closed on	es to put pressure on you
1. Never 2. So	ometimes 3. Often
4.4. held your children with the goal of intersections	imidating you or forcing you to do
1. Never 2. So	ometimes 3. Often
5. Since being diagnos	ed with HIV how often did
	ometimes 3. Often
	TENTION! ce (answered "Sometimes" or "Often"),
	ering <b>question 5.2 onwards.</b>
•	faced physical violence, to question 6.1.
5.2. How often did you face physical viole	nce over the last year?
1. Never 2. S	ometimes 3. Often
Please remember the last time you faced this incident occurred within the last year of	<b>physical violence.</b> (It does not matter whethe r earlier.)

1. Slapped with a palm	2. Shook or pushed
3. Punched or hit with an object	4. Suffocated
_	
5. Grabbed by the hair	6. Burned
7. Threatened with a knife or another weapon	8. Performed other actions:
4. In your opinion, was there connatus?	nection between the incident of violence and the HIV
1. Not connected	2. Connected to a certain extent
ease explain your answer:	
PLLY)	
5. Please mark the consequences this question refers to the last times.	
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain	ne you experienced physical violence. Mark ALL THA
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain 2. Injury	ne you experienced physical violence. Mark ALL THA
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake	ne you experienced physical violence. Mark ALL THA e of relief er responsibilities
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake 4. Inability to work or perform other	ne you experienced physical violence. Mark ALL THA e of relief er responsibilities
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake 4. Inability to work or perform others. Feeling of fear, anxiety, panic at	ne you experienced physical violence. Mark ALL THA e of relief er responsibilities
5. Please mark the consequences this question refers to the last time PLLY)  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake 4. Inability to work or perform other 5. Feeling of fear, anxiety, panic at 6. Feeling of guilt or shame	ne you experienced physical violence. Mark ALL THA e of relief er responsibilities tacks, depression

If you have told someone about experiencing physical violence (answered "Yes"), then continue answering question 5.7 onwards.

If you haven't told anyone (answered "No"), then go to question 5.9.

1. Family member, relative	•		2. Friend		
3. Unfamiliar person			4. Psychologist		
5. Social worker			6. Police officer		
7. Health care worker			8. Lawyer		
9. Other people:					
.8. Who helped you most? (	Mark ONLY ONE a	nswe	r.)		
1. Family member, relative	!		2. Friend		
3. Unfamiliar person			4. Psychologist		
5. Social worker			6. Police officer		
7. Health care worker			8. Lawyer		
9. Other people:					
5.9. Did you seek assistance after experiencing physical violence? (This question refers to the last time you experienced physical violence.)					
2. Yes	1	. No			
	ATTEN				
	<b>after experiencing</b> tinue answering <b>qu</b>		sical violence (answered "Yes"), then		

If you **did not seek assistance** (answered "No"), then go to **question 5.12**.

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<b>5.10. Mark where tl</b> (MARK ALL THAT APF		sista	nce a	fter e	experi	encing	g physical violence was sought:
1. Someone close	e				Γ		2. Police
3. Health care fac	cility				-		4. NGO
5. Crisis centre					_		6. Other:
					TENTI		
lf you <b>sought profe</b>	ssion					-	ce, a health care facility or an NGO · <b>is for you.</b>
If you	did n	ot see	ek pro	fessio	nal as	sistan	nce (answered "No"),
			ther	n go <b>to</b>	ques	tion 6	.1.
	t corr	espor	nds to	your	asses	ssmen	professional assistance was. at: 1 - minimum score, professiona help was very helpful)
5.11 - 1. Police							
	1	2	3	4	5	6	7
5.11 - 2. Health care f	acility	,					
	_	2	3	4	5	6	7
	'	۷	3	4	5	O	,
5.11 - 3. NGO							
	1	2	3	4	5	6	7
5.11 - 4 Crisis centre							
	1	2	3	4	5	6	7
Please explain your a	answe	er. Wh	ny did	you g	ive thi	is sco	re:

Question 5.12 – only for those who did NOT seek assistance after experiencing physical violence (who answered "No" to question 5.9.)

Otherwise go to question 6.1.

### 5.12. What were the reasons for not seeking assistance after experiencing physical violence:

(you can choose any number of answers)

Fear for personal security	Lack of confidence in the justice system
Seeking assistance goes against the religion, culture or traditions	Feeling of shame
Not believing that the assistance would be provided	Lack of financial resources
Reluctance to tell male police officers about intimate issues	Lack of awareness of rights
Fear of publicity and public condemnation	Fear to lose family and/or children
Full (financial) dependence on the partner	HIV status

Other reasons	
---------------	--

#### 6. Since being diagnosed with HIV how often

#### 6.1. ...have you faced sexual violence?

This question refers to situations where someone forced you to engage in sexual activity against your will, including through threats, intimidation, or physical force.

	1. Never	2. Sometimes	3. Often

#### ATTENTION!

If you have faced sexual violence (answered "Sometimes" or "Often"), then continue answering question 6.2 onwards.

# If you have never faced sexual violence, then go to **question 7.1**.

6.2. H	ow often have you faced sexual violence over the course of last year?
	1. Never 2. Sometimes 3. Often
	e remember the last time you faced sexual violence. (It does not matter whether cident occurred within the last year or earlier.)
6.3. lı HIV s	your opinion, was there connection between the incident of violence and the atus?
	1. Not connected 2. Connected to a certain extent
Pleas	e explain your answer:
	lease mark the consequences of sexual violence.  question refers to the last time you experienced sexual violence. Mark ALL THAT
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT ()
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT  ()  1. Physical pain
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT  1. Physical pain 2. Injury
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake of relief
(This	question refers to the last time you experienced sexual violence. Mark ALL THAT  1. Physical pain 2. Injury 3. Alcohol or drug use for the sake of relief 4. Inability to work or perform other responsibilities
(This	1. Physical pain 2. Injury 3. Alcohol or drug use for the sake of relief 4. Inability to work or perform other responsibilities 5. Feeling of fear, anxiety, panic attacks, depression
(This	1. Physical pain 2. Injury 3. Alcohol or drug use for the sake of relief 4. Inability to work or perform other responsibilities 5. Feeling of fear, anxiety, panic attacks, depression 6. Feeling of guilt or shame

2. Yes	1. No
continue ansv	ATTENTION!  periencing sexual violence (answered "Yes"), therefore vering question 6.6 onwards.  (answered "No"), then go to question 6.8.
<b>6.6. Whom did you tell about experi</b> (MARK ALL THAT APPLY)	encing sexual violence?
1. Family member, relative	2. Friend
3. Unfamiliar person	4. Psychologist
5. Social worker	6. Police officer
7. Health care worker	8. Lawyer
9. Other people:	
6.7. Who helped you most? (Mark	ONLY ONE answer.)
1. Family member, relative	2. Friend
3. Unfamiliar person	4. Psychologist
5. Social worker	6. Police officer
7. Health care worker	8. Lawyer
9. Other people:	
<b>6.8. Did you seek assistance after</b> (This question refers to the last tim	e you experienced sexual violence.)

If you **sought assistance after experiencing sexual violence** (answered "Yes"), then continue answering **question 6.9 onwards.** 

If you **did not seek assistance** (answered "No"), then go to **question 6.11**.

1. Someon	e close					2. F	olice	
3. Health o	care faci	lity				4. N	GO	
5. Crisis ce	entre					6. 0	ther:	
lf you <b>sought</b>	•			ance –		e polic	e, a health care facilit <b>s for you</b> .	ty or an
	l	f you <b>d</b>		-	ofessio Juestio		istance,	
was. (Select th	he sco	re that	corre	sponds	to you	ır asse	oful professional as ssment: 1 - minimu e, professional help	m score
6.10 - 1. Police								
	1	2	3	4	5	6	7	
6.10 - 2. Health	care fa	acility						
	1	2	3	4	5	6	7	
6.10 - 3. NGO								

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v.		v	т.	OHOLO	CCITTIC

	'	۷	3	7	3	U	,		
Please explain	vour a	nswer.	Whv d	id vou d	aive thi	s score	<u>e:</u>		
	your a		,	,	g •				

Question 6.11 - only for those who did NOT seek assistance after experiencing sexual violence (who answered "No" to question 6.8.)

Otherwise go to question 7.1.

# **6.11. What were the reasons for not seeking assistance after experiencing sexual violence:** (you can choose **any number of answers**)

Fear for personal security	Lack of confidence in the justice system	
Seeking assistance goes against the religion, culture or traditions	Feeling of shame	
Not believing that the assistance would be provided	Lack of financial resources	
Reluctance to tell male police officers about intimate issues	Lack of awareness of rights	
Fear of publicity and public condemnation	Fear to lose family and/or children	
Full (financial) dependence on the partner	HIV status	

Other reasons	

**ATTENTION!** Questions for all.

## 7. Awareness about possibilities to receive assistance and necessary changes

# **7.1.** Are you aware where the following types of assistance can be sought: (*Please give an answer for each line*)

Types of assistance	Aware
Psychological assistance through a telephone helpline	
2. Face-to-face psychological assistance – counselling, support groups	
3. Shelter, crisis centre	
4. Legal assistance – consultations and litigation	
5. Social assistance	
6. Financial support	
7. Medical assistance for people who have experienced violence	

•	•		•	ls on in your cou ending up in sit	•
Please do not	t leave this field b	olank. Your opi	nion is very imp	ortant to us.	

Thank you for participating in the survey!

#### Annex 3. Informed Consent to Participate in the Study

#### Informed Consent to Participate in the Study

The Eurasian Women's Network on AIDS invites you to take part in social study aimed to monitor violence among women living with HIV in Moldova.

Before you decide to participate in this study, we would like to provide you with the following information:

#### Voluntariness of participation

Your participation in the study is entirely voluntary. You may decide not to participate in the study now or refuse to continue to participate at any stage during the survey.

#### **Confidentiality**

Your first name, second name and place of residence will not be mentioned anywhere in connection with the information you provide. All results will be presented only in a common array, and not individually. All data collected during the study will be available only to the Research Team.

#### Possible inconveniences

Some survey questions may address intimate, personal and/or emotionally difficult topics. Remember that you can refuse to participate in the study at any stage, but then, unfortunately, no reward will be paid. This study does not imply emergency situations, however, if one occurs, you will be provided with psychological assistance.

The following statement requires consent to participate in the study:

By signing this informed consent form, I certify that I understand the purposes, procedure, methods, and potential harms of participating in the study. I had the opportunity to ask all the questions that interested me. I received satisfactory answers and clarifications on all questions that interested me in connection with this study.

Code and sigr	nature of the stu	dy participant				
Date:	2023	Phone No				
inconvenience participation	es of participa	endent the purporting in the studer of the studer of the studer of the studer of the student of	y, and an	swered all qu	uestions	regarding
Name and sig	nature of the int	erviewer		Date:		2023

#### Annex 4. Research Team Training

#### TRAINING SEMINAR

#### Monitoring of violence against women living with HIV in Kazakhstan and Moldova

Community-led study

Date: 06 June 2023

**Time:** 12 p.m. Kyiv/Chisinau time and 15 p.m. Almaty time.

Format: online

Trainer: Svitlana Moroz, Lead Researcher, Eurasian Women's Network on AIDS

Participants: research interviewers in Kazakhstan and Moldova

Goal: To strengthen community capacity to monitor types of gender-based violence against women living with HIV.

#### Objectives:

- 1. To improve interviewers' awareness of gender-based violence and related issues.
- 2. To train interviewers to use a tool for women's community-led monitoring of types of violence. To develop interviewers' practical skills in working with a structured questionnaire.
- 3. To plan the process of collecting, storing and sharing data throughout the study.

#### **AGENDA**

Time*	Session	Presenter	
12.00	Welcome speech of the organisers	Nataliia Gerasymchuk	
12.05	Introduction and expectations of participants	Nataliia Gerasymchuk	
12.15	Types of violence: updating the participants' knowledge. HIV and violence – what is the connection?	Svitlana Moroz	
12.30	Goals, objectives and methodology of the monitoring	Svitlana Moroz	
12.45	Working with tools. Primary screening (domestic violence risk assessment) and questionnaire (semi-structured questionnaire)	Svitlana Moroz	
13.00	Planning the process of collecting, storing and sharing data	Svitlana Moroz	
13.10	Ethics and support for respondents	Svitlana Moroz	
13.20	Coordination and reporting documentation	Nataliia Gerasymchuk	
13.30	Summing up	Svitlana Moroz	

<sup>\*</sup> Kyiv/Chisinau time is indicated

The training is carried out with the financial support of the Regional project "Sustainability of services for key populations in the region of Eastern Europe and Central Asia" (SoS\_project 2.0), implemented by a consortium of organisations led by the Alliance for Public Health in partnership with the CO "100% Life", with financial support from the Global Fund.



# **Eurasian Women's Network on AIDS**

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